

Easy Pizza Pockets

1 tube of Pillsbury Grands rolls mozzarella cheese
pizza sauce 1 egg
fillings of your choice 2 Tbsp milk

DIRECTIONS

Press Grands roll into a 5-inch circle. Spread about 1 tablespoon of pizza sauce, cheese, and fillings over half of the dough. Stretch the dough over to touch the other end of the round. Seal the ends with a fork. Whisk 1 egg and 2 tablespoons of milk to make an egg wash. Once mixed, brush on top of the pizza pockets. Bake at 375°F for 12-15 minutes.

**Nutritional info based on plain cheese with no additional fillings*



LAUREN TURNER
Personal Lines

Nutrition Facts		Per Serving	Servings: 8
Calories:	229.8	Sodium:	710.0 mg
Total Fat:	10.7 g	Potassium:	19.8 mg
Saturated:	3.9 g	Total Carbs:	24.3 g
Polyunsaturated:	0.1 g	Dietary Fiber:	0.3 g
Monosaturated:	0.7 g	Sugars:	1.5 g
Cholesterol:	14.2 mg	Protein:	8.1 g